



**We may not be together for**  
**Comms Unplugged 2020**

**...but we invite you to**

**#unplugwithus**

**...wherever you are...**

**10-12 September**

**learn - connect - be active - take notice - give**

## A message from #TeamUnplugged

2020 is a bit of a different Comms Unplugged. Covid-19 restrictions means that we can't hold the fourth Comms Unplugged in real life, in our beautiful Dorset field.

But as you've come to expect from Team Unplugged, we're not giving up – because we know that the Unplugged community hasn't given up on the chance to unplug in 2020 – enjoying the outdoors, taking notice, being active, learning and connecting with each other.

And of course most of all, being unplugged – unplugged from tech, the pressure to respond to work emails, the time spent on unproductive social media scrolling and the habit of constantly interacting via every digital platform available.

Georgia and Sally will be camping at the lovely Burnbake campsite on our #CU20 dates, with a programme that isn't quite what we had planned, but is very unplugged nonetheless.



We invite you to join us, wherever you are. At your local campsite, in your garden, or even just by staying off the socials for a few days or hours.

Read on for the mini-Unplugged programme 2020, which Sally and Georgia will be experiencing and enjoying here in Dorset.

We hope you'll have a bit of Unplugged time, wherever you are, and take a moment, a few hours or a couple of days for learning, fresh air and you time, as you #unplugwithus.



@georgiaturner



@darrencaveney



@salzasal

**#UnpluggedForever**

# Thursday 10th September

Time	Session
12.30pm	Pitch up and lunch
2.00pm	TED talk – watch and discuss
3.00pm	Cup of tea break
3.30pm	Drawing
4.30pm	Blackberry picking / photography walk with doggo
5.30pm	Downtime
6.30pm	BBQ and evening wine tasting
8.30pm	Star gazing



# Friday 11th September

8.00am	Wake up yoga
8.30am	Breakfast baps
9.15am	Dog walk
10.00am	Reading hour: professional or personal development
11.00am	Earl Grey break
11.30am	Baking with blackberries (or not!)
12.30pm	Lunch
1.30pm	Bird watching walk
2.30pm	Podcast hour: listen and discuss
3.30pm	Break and cake!
4.00pm	Painting with watercolour
5.15pm	Dog walk
6.00pm	Downtime
7.00pm	Cooking and eating dinner
8.00pm	Wine tasting 2 ;- ) and music



# Saturday 12th September



8.30am	Wake up yoga
9.00am	Breakfast
9.45am	Dog walk
10.45am	Cup of tea time
11.30am	Pack up and home



#CUinthefield #CU20